

## **FOOTBED**

### **Abstract**

A footbed for insertion into a shoe. The footbed includes an insole with a heel area, a metatarsal area and an arch area between the heel area and the metatarsal area. The insole also includes a lateral side and a medial side. A support is attached to the insole and extends between the arch area and the heel area of the  
5 insole. The support extends from the lateral side to the medial side of the insole to reduce pronation in a foot that is supported by the footbed.